



# FIRST RESPONDER DOG PROGRAM

## DOGS + HUMANS WORKING TOGETHER HEALING INVISIBLE WOUNDS

It's no secret, First Responders are on the frontline of our community's most horrific emergency situations, putting them at high risk of clinical depression, anxiety, PTSD, suicidal ideations and other serious mental health & substance abuse issues.

Circle of Change is now offering the same FREE, innovative dog training class experience that has been helping area veterans manage their mental health & wellness for nearly 20 years.

First Responders will work with our professional dog trainer to provide behavioral rehabilitation to pre-selected dogs. (Participant's can also opt to bring their own dog to train, as long as the dog meets COC program safety requirements (proper vaccinations & behavior pre-screening by our trainer in advance of class required.)

Insure that you can be at your best for your family & your team by taking care of your mental health & wellness!

**CALL/TEXT (815) 200-9020 TO REGISTER**

### TRAINING ROTATIONS:

**FALL (9/12/2023–11/4/2022)**  
**WINTER 1 (11/7/2023–12/16/23)\*\***  
**WINTER 2 (1/8/24–3/2/24)\*\***  
**SPRING (3/5/24–4/27/24)\*\***

*\*Weekly attendance strongly encouraged*

*\*\*Class Schedule contains at least one week off for holidays*

**MONDAYS @ 6:30 PM**

**DAVE'S DOGGIE DEN**

**919 RIVER LANE, LOVES PARK, IL**

Circle of Change is a 501(c)3 nonprofit organization.

Funding for the First Responder Dog Program is provided through a grant from the Winnebago County Community Mental Health Board.

For more information visit [www.circleofchangeprogram.com](http://www.circleofchangeprogram.com).

